

MONTANE TRAIL 10

DALEMAIN. 26TH FEBRUARY 2017



Bib	First Name	Surname	Age	Club	Category	Gender	Start Time	Finish Time	Overall Position	Category Position	Gender Position
51	Jonathan	Cox	26		M	M	09:30:03.55	00:38:41.45	1	1	1
198	Stu	Windsor	44	DH RUNNERS	MV40	M	09:30:03.55	00:44:07.55	2	1	2
36	Lydia	Chapman	24		F	F	09:30:02.20	00:44:15.65	3	1	1
87	Wayne	Gregson	39	TRI PRESTON	M	M	09:30:04.75	00:44:22.25	4	2	3
130	Craig	Marsh	35	KESWICK	M	M	09:30:04.35	00:44:27.70	5	3	4
141	Chris	Nattress	37		M	M	09:30:04.65	00:44:32.55	6	4	5
156	Dave	Ramsay	55	BENTHAM BEAGLES	MV50	M	09:30:05.35	00:45:25.85	7	1	6
99	Paul	Hetherington	43	WESHAM RR	MV40	M	09:30:05.25	00:45:58.60	8	2	7
153	Grzegorz	Pikul	33	SKB STALOWA WOLA	M	M	09:30:05.55	00:46:03.80	9	5	8
55	Scott	Croasdale	39		M	M	09:30:08.45	00:46:25.85	10	6	9
44	Mark	Colman	40	CARLISLE TRI	MV40	M	09:30:07.10	00:46:44.20	11	3	10
174	Michael	Storey	26		M	M	09:30:06.45	00:47:09.50	12	7	11
163	Mark	Rutherford	40	KESWICK AC	MV40	M	09:30:04.45	00:47:21.55	13	4	12
179	Scott	Thornton	41		MV40	M	09:30:05.35	00:47:33.25	14	5	13
105	Ben	Howes	27		M	M	09:30:13.00	00:47:45.45	15	8	14
52	Nick	Cox	47		MV40	M	09:30:09.10	00:47:59.70	16	6	15
183	Suzanne	Toppin	47	TEAM MOUNTAIN FUEL ARRS TRI	FV40	F	09:30:04.10	00:48:03.35	17	1	2
78	Martin	Gallagher	39		M	M	09:30:07.70	00:48:08.30	18	9	16
166	Ronald	Shannan	43	DHRUNNERS	MV40	M	09:30:06.45	00:48:25.30	19	7	17
128	Thomas	Mac Innes	43		MV40	M	09:30:04.40	00:48:50.05	20	8	18
124	Craig	Little	33		M	M	09:30:13.00	00:48:55.55	21	10	19
167	Nadia	Shaw	31		F	F	09:30:04.05	00:48:58.85	22	2	3
131	Natalie	McCarron	31		F	F	09:30:03.00	00:49:01.50	23	3	4
96	Carly	Henderson	26	SOUTH SHIELDS HARRIERS	F	F	09:30:13.00	00:49:05.35	24	4	5

157	Paul	Rawlinson	38		M	M	09:30:13.00	00:49:15.60	25	11	20
108	Mike	Innerdale	45		MV40	M	09:30:04.95	00:49:22.20	26	9	21
41	Tanya	Coates	33		F	F	09:30:13.00	00:49:59.75	27	5	6
13	Daniel	Barnes	45		MV40	M	09:30:11.35	00:50:03.90	28	10	22
192	Neild	Waring	46		MV40	M	09:30:13.00	00:50:13.20	29	11	23
117	Lucy	Lamb	41		FV40	F	09:30:08.30	00:50:25.30	30	2	7
84	Suzy	Gillon	43	EDEN RUNNERS	FV40	F	09:30:07.20	00:50:33.95	31	3	8
162	Simone	Rouse	34		F	F	09:30:13.00	00:50:36.75	32	6	9
140	Peter	Murray	32	DH RUNNERS	M	M	09:30:13.00	00:50:41.55	33	12	24
164	Thomas	Rydings	31		M	M	09:30:06.30	00:50:45.05	34	13	25
165	Kevin	Scott	52		MV50	M	09:30:05.55	00:50:47.15	35	2	26
203	Andrew	Yates	53		MV50	M	09:30:05.95	00:50:51.95	36	3	27
17	Andy	Bennett	34		M	M	09:30:05.75	00:50:52.75	37	14	28
70	Colin	Fell	57	NORTHERN FELLS RUNNERS	MV50	M	09:30:13.00	00:51:27.00	38	4	29
95	Brian	Hazlewood	43	DH RUNNERS	MV40	M	09:30:06.95	00:51:33.10	39	12	30
27	James	Brown	34		M	M	09:30:13.00	00:51:47.25	40	15	31
176	Fiona	Taylor	29		F	F	09:30:10.15	00:51:48.00	41	7	10
133	Colin	McGonagle	44	CARLISLE TRI CLUB	MV40	M	09:30:13.00	00:52:04.00	42	13	32
119	Adrian	Leigh	60	BENTHAM BEAGLES RC	MV60	M	09:30:04.05	00:52:14.55	43	1	33
34	John	Carty	47		MV40	M	09:30:05.05	00:52:50.90	44	14	34
8	Keith	Atkinson	46	DH RUNNERS	MV40	M	09:30:06.25	00:52:51.65	45	15	35
92	Paul	Harrington	51	FRA	MV50	M	09:30:06.55	00:52:52.15	46	5	36
66	Christopher	Dwyer	37		M	M	09:30:04.05	00:52:52.75	47	16	37
82	Daniel	Gill	37	DH RUNNERS	M	M	09:30:11.75	00:53:07.15	48	17	38
43	Charles	Colby	45	THORNTON CLEVELEYS RC	MV40	M	09:30:07.40	00:53:10.20	49	16	39
145	Iain	Nicholson	44	BODYFIT CUMBRIA	MV40	M	09:30:13.00	00:53:18.65	50	17	40
94	Richard	Harrison	59	AMBLESIDE AC	MV50	M	09:30:13.00	00:53:20.80	51	6	41
14	Dan	Barry	48		MV40	M	09:30:12.45	00:53:31.50	52	18	42
16	Gareth	Bell	35	RED ROSE ROAD RUNNERS	M	M	09:30:05.25	00:53:58.85	53	18	43
74	Nigel	Forster	48		MV40	M	09:30:11.65	00:54:13.90	54	19	44
152	Craig	Pemberton	46		MV40	M	09:30:11.20	00:54:19.15	55	20	45
142	Tj	Newsome	38		F	F	09:30:10.80	00:54:49.65	56	8	11
49	Paul	Cowing	43	CARLISLE TRI CLUB	MV40	M	09:30:07.40	00:55:30.00	57	21	46
181	Dan	Tomkins	44		MV40	M	09:30:08.90	00:55:32.60	58	22	47
20	Ruth	Besford	44	ST HELENS STRIDERS	FV40	F	09:30:18.10	00:55:36.50	59	4	12
110	Andrew	Jefferson	48	CARLISLE TRI CLUB	MV40	M	09:30:14.55	00:56:05.90	60	23	48
2	Nathan	Allen	20		M	M	09:30:07.10	00:56:21.30	61	19	49
154	Emma	Porter	36	WIGAN PHOENIX	F	F	09:30:12.90	00:56:22.75	62	9	13
97	Richard	Henry	36	DH RUNNERS	M	M	09:30:08.80	00:56:34.95	63	20	50

47	Lynn	Connolly	41	DH RUNNERS	FV40	F	09:30:08.15	00:56:44.85	64	5	14
127	Joshua	Lowson	28		M	M	09:30:05.15	00:56:49.85	65	21	51
155	Adrian	Pridgeon	36	ST HELENS STRIDERS	M	M	09:30:19.00	00:57:09.85	66	22	52
81	Laura	Giles	38		F	F	09:30:08.00	00:57:26.25	67	10	15
173	Stacey	Stavers	26	SOUTH SHIELDS HARRIERS	F	F	09:30:10.15	00:57:30.00	68	11	16
178	Angela	Thompson	38		F	F	09:30:05.05	00:58:04.55	69	12	17
103	Ben	Horsefield	39		M	M	09:30:06.60	00:58:07.40	70	23	53
88	Jo-Ann	Gruchy	37	CARLISLE TRI CLUB	F	F	09:30:17.90	00:58:16.45	71	13	18
199	Dawn	Winstanley	48	RIBBY HALL	FV40	F	09:30:13.00	00:58:23.85	72	6	19
83	Tony	Gill	47		MV40	M	09:30:05.00	00:58:25.60	73	24	54
106	Wayne	Hudson	31		M	M	09:30:10.45	00:58:27.35	74	24	55
11	Andy	Baker	49	DH RUNNERS	MV40	M	09:30:13.00	00:58:32.90	75	25	56
115	Seng Kiong	Kok	30		M	M	09:30:17.20	00:58:51.15	76	25	57
113	Peter	Kay	41		MV40	M	09:30:16.55	00:59:02.20	77	26	58
149	Maureen	Parker	52	TYNEDALE HARRIERS	FV50	F	09:30:13.00	00:59:06.20	78	1	20
139	Andy	Mowatt	39		M	M	09:30:15.35	00:59:06.20	79	26	59
62	Chris	Dorgeat	48		MV40	M	09:30:21.55	00:59:09.60	80	27	60
168	Stephanie	Shaw	36		F	F	09:30:05.05	00:59:32.30	81	14	21
5	Richard	Armstrong	45		MV40	M	09:30:12.15	00:59:43.40	82	28	61
91	Joe	Hannaway	41		MV40	M	09:30:12.65	00:59:48.25	83	29	62
42	Angela	Colby	46	THORNTON CLEVELEYS RC	FV40	F	09:30:07.70	00:59:49.60	84	7	22
137	Neil	Moffat	60	DUMFRIES RUNNING CLUB	MV60	M	09:30:13.00	00:59:55.55	85	2	63
132	Ruth	McDonald	57	BENTHAM BEAGLES	FV50	F	09:30:13.05	01:00:01.70	86	2	23
1	Joanne	Adams	35		F	F	09:30:15.05	01:00:05.20	87	15	24
100	Ben	Holden	33	QCP	M	M	09:30:12.75	01:00:12.20	88	27	64
161	Chris	Robinson	55		MV50	M	09:30:17.05	01:00:25.65	89	7	65
109	Andy	Jackson	32	TRI PRESTON	M	M	09:30:14.80	01:00:37.60	90	28	66
193	Stuart	Waring	42		MV40	M	09:30:13.00	01:00:42.05	91	30	67
195	Alison	Weymouth	55		FV50	F	09:30:13.00	01:00:51.95	92	3	25
134	Ken	McGrattan	45	BENTHAM BEAGLES	MV40	M	09:30:13.50	01:01:07.10	93	31	68
182	Jon	Tomkins	46		MV40	M	09:30:09.05	01:01:22.40	94	32	69
24	Emma	Blundell	31	LONSDALE FELL RUNNERS	F	F	09:30:06.15	01:01:34.30	95	16	26
175	Fiona	Stuart	48	EDEN RUNNERS	FV40	F	09:30:13.00	01:01:40.15	96	8	27
25	Carmel	Bones	46	CARLISLE TRI CLUB	FV40	F	09:30:11.75	01:02:09.80	97	9	28
64	Mark	Drummond	41	DH RUNNERS	MV40	M	09:30:08.60	01:02:18.75	98	33	70
7	Susie	Arnott	57	BENTHAM BEAGLES	FV50	F	09:30:12.60	01:02:24.65	99	4	29
31	Gary	Burt	48	RIBBLE VALLEY TRAITHLON CLUB	MV40	M	09:30:19.95	01:02:47.20	100	34	71
194	Angela	Watson	39	EDEN RUNNERS	F	F	09:30:10.15	01:02:52.20	101	17	30
21	Claire	Bewsher	42		FV40	F	09:30:14.60	01:04:25.45	102	10	31

89	Heidi	Haigh	44		FV40	F	09:30:16.55	01:04:36.20	103	11	32
38	Sarah	Chaudhri	54	CUMBERLAND AC	FV50	F	09:30:14.75	01:04:45.00	104	5	33
129	Andy	Marrison	46		MV40	M	09:30:13.00	01:04:56.30	105	35	72
69	Mrs Jennifer	Egdell	51		FV50	F	09:30:15.35	01:05:03.30	106	6	34
28	Mick	Browne	59		MV50	M	09:30:13.00	01:05:18.60	107	8	73
169	Val	Sinkinson	47		FV40	F	09:30:16.75	01:05:19.25	108	12	35
32	Emma	Carrick	43		FV40	F	09:30:13.00	01:05:22.45	109	13	36
6	Stewart	Armstrong	47		MV40	M	09:30:13.25	01:05:32.35	110	36	74
114	Amanda	Kirtley	46	DH RUNNERS	FV40	F	09:30:13.40	01:05:45.55	111	14	37
29	John	Bulloch	24		M	M	09:30:20.60	01:05:46.40	112	29	75
111	Laura	Jones	34		F	F	09:30:17.85	01:05:48.45	113	18	38
19	Judith	Benson	43	PONTELAND RUNNERS	FV40	F	09:30:13.00	01:05:55.90	114	15	39
12	Nick	Balcombe	49	ARRAGONS CUMBRIA TRI CLUB	MV40	M	09:30:10.75	01:06:02.00	115	37	76
75	Sally	Frankish	55		FV50	F	09:30:16.65	01:06:22.10	116	7	40
202	Sarah	Wright	42	EDEN RUNNERS	FV40	F	09:30:10.65	01:06:43.95	117	16	41
185	Ingrid	Walker	22		F	F	09:30:13.00	01:06:45.35	118	19	42
148	Ray	Oates	52		MV50	M	09:30:20.95	01:06:51.25	119	9	77
147	Pita	Oates	46		FV40	F	09:30:20.85	01:06:51.80	120	17	43
126	Edward	Lock	24		M	M	09:30:12.05	01:07:19.00	121	30	78
112	Andrew	Jones-Barnes	51	WALNEY WIND CHEETAHS	MV50	M	09:30:13.20	01:07:23.45	122	10	79
116	Marian	Laird	23		F	F	09:30:10.55	01:07:36.35	123	20	44
172	Gavin	Spickett	61	TYNEDALE HARRIERS AC	MV60	M	09:30:16.55	01:07:39.70	124	3	80
122	Craig	Leyland	44		MV40	M	09:30:13.00	01:07:54.00	125	31	81
98	Paula	Herbert	50	WALNEY WIND CHEETAHS	FV50	F	09:30:11.65	01:07:47.90	126	8	45
200	Alison	Wright	43		FV40	F	09:30:13.00	01:07:58.45	127	18	46
60	Andrew	Dewhurst	51		MV50	M	09:30:18.75	01:08:26.55	128	11	82
123	Charlotte	Little	20		F	F	09:30:17.50	01:08:31.15	129	21	47
125	Keith	Little	43		MV40	M	09:30:17.65	01:08:31.60	130	38	83
143	Di	Newton	66		FV60	F	09:30:10.95	01:09:08.35	131	1	48
160	Nigel	Richards	52		MV50	M	09:30:18.85	01:09:20.90	132	12	84
104	Helen	Howard	49		FV40	F	09:30:14.90	01:09:41.10	133	19	49
53	Anne	Coxhead	48		FV40	F	09:30:09.90	01:09:47.85	134	20	50
10	Lucy	Backhurst	45		FV40	F	09:30:09.30	01:09:48.15	135	21	51
18	Karen Ann	Bennett	47	WALNEY WIND CHEETAH	FV40	F	09:30:13.85	01:09:52.35	136	22	52
59	Carol	Dent	62		FV60	F	09:30:11.15	01:09:53.05	137	2	53
177	Sharon	Taylor	51	WALNEY WIND CHEETAHS	FV50	F	09:30:13.10	01:10:10.35	138	9	54
151	Laura	Peill	31	RUNSTRONG NORTH WALES	F	F	09:30:19.60	01:10:11.65	139	22	55
120	Laura	Leigh	35	WALNEY WIND CHEETAHS	F	F	09:30:12.40	01:11:33.65	140	23	56
86	Peter	Graham	47		MV40	M	09:30:15.85	01:11:54.10	141	39	85

68	Heather	Eastwood	50		FV50	F	09:30:17.55	01:12:05.15	142	10	57
63	Titia	Dorgeat	47		FV40	F	09:30:21.25	01:12:14.65	143	23	58
146	Jill	Noble	56	BENTHAM BEAGLES RC	FV50	F	09:30:13.20	01:12:28.45	144	11	59
26	Emma	Brass	42		FV40	F	09:30:13.00	01:12:40.55	145	24	60
46	Babs	Coney	41	WERRINGTON JOGGERS	FV40	F	09:30:15.25	01:12:42.35	146	25	61
76	George	Fraser	70	ADAC	MV70	M	09:30:09.55	01:12:51.80	147	1	86
93	Heather	Harrison	44	DH RUNNERS	FV40	F	09:30:14.20	01:12:54.10	148	26	62
118	Rachel	Lee	53	DH RUNNERS	FV50	F	09:30:08.90	01:13:23.80	149	12	63
58	Jim	Dean	76		MV70	M	09:30:08.95	01:13:50.85	150	2	87
135	Wendy	McNair	45	RED ROSE ROAD RUNNERS	FV40	F	09:30:19.75	01:14:36.85	151	27	64
90	Anita	Hall	48	ST HELENS STRIDERS	FV40	F	09:30:13.00	01:14:55.85	152	28	65
3	Diane	Armstrong	40	BENTHAM BEAGLES	FV40	F	09:30:13.20	01:16:07.80	153	29	66
4	Nicholas	Armstrong	36	BENTHAM BEAGLES RC	M	M	09:30:14.15	01:16:07.85	154	32	88
196	Kate	Whalen	37	DH RUNNERS	F	F	09:30:08.75	01:16:18.55	155	24	67
56	Karen	Crossley	43		FV40	F	09:30:13.80	01:16:34.75	156	30	68
187	Roger	Walker	60		MV60	M	09:30:19.50	01:16:46.30	157	4	89
186	Rachael	Walker	32	HOPE TECHNOLOGY	F	F	09:30:18.40	01:16:46.35	158	25	69
159	Tristan	Reid	41	NORTHERN FELLS RUNNING CLUB	MV40	M	09:30:15.95	01:17:53.65	159	40	90
158	Deborah	Redmond	55	CUMBERLAND AC	FV50	F	09:30:15.70	01:18:11.60	160	13	70
37	Fayyaz	Chaudhri	56	CUMBERLAND AC	MV50	M	09:30:13.00	01:18:13.00	161	13	91
48	Pauline	Connolly	49	DH RUNNERS	FV40	F	09:30:09.35	01:18:30.55	162	31	71
71	Darren	Finnegan	47	WIGAN HARRIERS	MV40	M	09:30:19.00	01:19:56.60	163	41	92
136	Michelle	Mckenzie	54		FV50	F	09:30:10.95	01:23:01.35	164	14	72
45	Nina	Colquhoun	32	RED ROSE ROAD RUNNERS	F	F	09:30:15.45	01:28:03.55	165	26	73
30	Martin	Burnett	48		MV40	M	09:30:15.95	01:31:56.40	166	42	93
191	Sophie	Wardle	17	DH RUNNERS	F	F	09:30:13.00	01:34:27.30	167	27	74
190	Sarah	Wardle	45	DH RUNNERS	FV40	F	09:30:08.60	01:34:31.10	168	32	75
9	Mandy	Atkinson	53		FV50	F	09:30:07.85	01:34:32.50	169	15	76
23	Rebecca	Birkett	46	DH RUNNERS	FV40	F	09:30:13.00	01:35:42.75	170	33	77
188	Ruth	Walker	54		FV50	F	09:30:19.90	01:37:27.95	171	16	78
184	Bryony	Walker	26		F	F	09:30:13.00	01:37:35.35	172	28	79
61	Jane	Dewhurst	51	WOMEN ON THE RUN KENDAL	FV50	F	09:30:18.70	01:38:06.45	173	17	80
170	Amanda	Skelton	40		FV40	F	09:30:22.15	01:48:24.40	174	34	81
171	Ginny	Spence	40		FV40	F	09:30:21.75	01:48:25.05	175	35	82
121	Angela	Leyland	48		FV40	F	09:30:09.90				No Finish Time Recorded
201	James	Wright	41		MV40	M					DNS
197	Debs	White	43	CAMBRIDGE COLLERIDGE	FV40	F					DNS

189	Neil	Wallace	52		MV50	M	DNS
180	Katie	Todhunter	38		F	F	DNS
150	Robert	Patla	42		MV40	M	DNS
144	Emma	Nicholson	41		FV40	F	DNS
138	Ben	Morris	43		MV40	M	DNS
107	Angela	Humphrys	42		FV40	F	DNS
102	Tim	Hooper	54		MV50	M	DNS
101	Kate	Hooper	55		FV50	F	DNS
85	Steven	Gore	35	WESHAM ROAD RUNNERS	M	M	DNS
80	Katie	Georgeson	35		F	F	DNS
79	Kate	Garratt	30		F	F	DNS
77	Robert	Fry	61		MV60	M	DNS
73	Hailey	Fletcher	29		F	F	DNS
72	Eddie	Fletcher	31	KESWICK AC	M	M	DNS
67	Charlotte	Dyer	49	FEN EDGE RUNNERS	FV40	F	DNS
65	Stuart	Dryden	37		M	M	DNS
57	Sarah	De-Maine	53		FV50	F	DNS
54	Jackie	Coysh	35		F	F	DNS
50	Gill	Cox	38		F	F	DNS
40	Simon	Coates	57		MV50	M	DNS
39	James	Clewlow	25		M	M	DNS
35	Steffan	Cawley	19		M	M	DNS
33	Rachel	Carruthers	40		FV40	F	DNS
22	Mark	Billington	51	RED ROSE	MV50	M	DNS
15	Christine	Bassindale	57		FV50	F	DNS